

Stay The Course

People from all walks of life are experiencing sudden shifts and challenges. Whether it is personally, professionally, spiritually or physically, people are going through changes. With the seeming onslaught of issues and concerns we need to focus on something more stable and consistent than anything we depended on in the past. Our faith is the answer to staying on course and not letting the cares of life get us sidetracked. Being tested is a part of life and how we view our struggles determines how we overcome. It is best to use our discernment and courage to handle what can be perplexing times. Also in these times it is essential to lean on the word of God, prayer and relationships with family and friends.

With this in mind we are encouraged by the Apostle Paul to “Be on guard. Stand firm in the faith. Be courageous. Be strong. And do everything with love” 2 Corinthians 16:13-14 (NLT). We are to watch and pray which increases our strength during adversity. Staying the course requires discipline and a sound mind. There will be times when we are weakened and want to give up on our faith and stop fighting for what is right but we must not give in to the temptation to quit. Your dream, your education, your relationship, your health and your faith are too important to let go. Fighting the good fight of faith requires tenacity, fortitude and determination. Remember the old cliché that “anything worth having is worth fighting for”. This is truer now more than ever. Keeping one’s spiritual strength during times of transition is the key to being firm and empowered no matter what happens. Life wants to take our joy, our peace and our potential. We have to stay the course in order to be successful and productive no matter what we face. We have the stamina and resilience to survive and even thrive in adversity

because when we are weak, he is strong. Staying the course with the Savior is the best stabilizer in our lives. The Lord is our rock and salvation. Our sanity and safety is in his hands. When the winds of change begin to blow your way, stay the course, knowing God is on your side.